

CALIFORNIA HEALTHY KIDS SURVEY



Marin County Secondary 2017-2018 Main Report





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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from this county's 2017-18 *California Healthy Kids Survey* (CHKS), presented in tables organized by topic.

The CHKS, along with its two companion surveys—California School Staff Survey (CSSS) for staff and the California School Parent Survey (CSPS)—is a service of the California Department of Education (CDE). These three surveys form the California School Climate, Health, and Learning Surveys (CalSCHLS) System, the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents at the local level to provide key data on school climate and safety, learning supports and barriers, and stakeholder engagement, as well as youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major school-related domains and constructs assessed by CalSCHLS.

These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, emotional, and physical development of all students; create more positive, engaging school environments for students, staff, and parents; and ensure college and career readiness. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the survey website (chks.wested.org), including Helpful Resources for Local Control and Accountability Plans (chks.wested.org/resources/LCAP-Cal-SCHLS.pdf). The California Safe and Supportive Schools website (californiaS3.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Technical Assistance Center offers a Data Workshop to help identify local needs and develop action plans to meet those needs, including a *Listening to Students Workshop* for involving student voice in the process (see below).

THE SURVEY

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of these student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module

and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the county.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions, identified by an expert advisory committee, that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The great majority of the questions are school-specific, including the following indicators:

- Student grades, truancy, attendance rate and reasons for missing school, academic motivation, and school connectedness, as indicators of engagement;
- The levels of students' three fundamental developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- Perceived safety and the frequency and type of harassment and bullying at school; and
- Levels of violence, substance use, and crime-related behavior (e.g., weapons possession) at school.

The Core Module also includes a wide range of demographic questions to help districts identify and address the needs of significant and vulnerable student subgroups, including those required to be included in the LCAP efforts. These include race/ethnicity, gender, and socioeconomic status; homeless, migrant, and foster status; and English language proficiency.

What's New? For 2017-18, the following improvements are made to the Core Module:

- Added questions assessing frequency of school absences; lifetime frequency of heroin use, and vaping, eating, or drinking marijuana; perceived harm and availability of e-cigarettes; being an immigrant as a reason for being harassed or bullied;
- Modified sexual orientation question to better assess gender identity; and
- Expanded Opportunities for Meaningful Participation scale questions for better reliability.

Supplemental School Climate Module

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention and positive peer relationships, respect for diversity, and the quality of the physical environment (download from chks.wested.org/administer/download/supplemental/#clim). These questions are also included in the staff survey, so you can compare staff and student perceptions on the same constructs.

Supplemental Social Emotional Health Module (SEHM)

The SEHM greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and college and career readiness. It includes 56 items that capture the totality of core adolescent psychological assets.

SURVEY ADMINISTRATION AND SAMPLING

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 reports numbers of districts, schools, and total responses for students who completed the survey.
- The Appendix lists all the secondary districts in the county that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey.

THE REPORT

The survey results are reported in tables, organized by topic, that provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior).

Racial/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender (see Sections 9 and 10). Schools can request supplementary reports disaggregating all their CHKS results by the race/ethnicity or gender of students or by other demographic categories (see Next Steps below).

UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results, such as changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Guidebook to Data Use and Dissemination* (download chks.wested.org/resources/chks_guidebook_3_datause.pdf).

Sample Characteristics.

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70%. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations.

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

The CHKS website contains numerous guidebooks and other resources for using and understanding survey results.

- *CHKS Guidebook to Data Use and Dissemination* provides step-by-step instructions on how to interpret survey results and effectively disseminate them (download chks.wested.org/resources/chks_guidebook_3_datause.pdf).
- CHKS factsheets (<u>chks.wested.org/using-results/factsheets</u>) analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level.
- *Making Sense of School Climate* provides a discussion of all the CalSCHLS survey items that relate to school climate (download californiaS3.wested.org/resources/S3_schoolclimateguidebook_final.pdf).
- Helpful Resources for Local Control and Accountability Plans

 (chks.wested.org/resources/LCAP_Cal_SCHLS.pdf) describes how survey items align with LCAP priorities and indicators. Also available is an LCAP-related PowerPoint presentation (chks.wested.org/training-support/workshops-presentations).
- The *School Climate Connection Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on the CHKS or CaliforniaS3 websites.
- CDE's **California Safe and Supportive Schools** website (<u>CaliforniaS3.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some followup steps you should take and some custom services (additional fees apply) available from the CalSCHLS TA Center to help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

First and foremost, engage students, staff, parents, and community stakeholders in reviewing and exploring the meaning of the results and obtain their input into how the school might better meet the identified needs and into the development of a detailed action plan. This communicates to stakeholders that you value their input into how to improve the schools and gives them an opportunity for meaningful participation. This helps enhance pupil engagement and parent involvement, two LCAP priorities. Their input, in turn, will help in identifying school needs and developing an effective response. It will also promote higher rates of participation the next time the survey is administered, as stakeholders will see how the data has been used for positive purposes.

As part of this process, it is highly recommended that you conduct a structured *Listening to Students Workshop* in which you explore with students, as adults observe, the meaning of survey results and obtain their input on how to address the needs identified by the survey and school improvement in general. These

workshops were found to be a highly effective in fostering school climate improvements as part of CDE's Safe and Supportive School Projects (see <u>CaliforniaS3.wested.org</u>). For more information, email schoolclimate@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the content of the following sources of related data.

- **Staff and Parent Surveys**. The results of this student survey should be compared to those obtained from the CalSCHLS surveys of school staff and parents. It is important to determine how consistent are student, staff, and parent perceptions and experiences. If you did not administer these companion surveys, consider doing so next time.
- **Elementary CHKS Results**. Examine how the results from 7th, 9th, and 11th graders compare with those from 5th graders on common indicators to see the developmental trajectory in the results and explore what programs at the elementary level might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other data typically collected by schools that relate to the variables assessed, such as discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

Data Workshop

To assist in your review of the survey results, you can request the CalSCHLS TA Center to conduct a structured, customized Data Workshop. In this workshop, a survey specialist works with stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies.

For more information, contact your CalSCHLS TA Center (call 888.841.7536) or email schoolclimate@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services (additional fees apply) are available through the CalSCHLS TA Center to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

Disaggregated Reports

The staff of the Regional TA Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity as discussed above, or by youth who are low in academic motivation compared those who are high). This is particularly important given the LCAP requirement that districts identify and address the needs of underserved, vulnerable subgroups. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Analyze Dataset

The complete dataset is available electronically for additional analysis (there is a small fee for preparation). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis from the CalSCHLS TA Center as a custom service.

Exhibit 1
Major School-related Domains and Constructs Assessed by CalSCHLS in Secondary Schools

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
Student Well-Being					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Alcohol, tobacco, and drug use	✓			✓	✓
Attendance (absences, truancy, reasons absent)	✓			✓	
Behavioral self-control			✓		
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Optimism			✓		
Perceived safety	√			✓	✓
Persistence			√		
Problem Solving			√		
School connectedness	√				
Self-awareness			√		
Self-efficacy			✓		
Social-emotional competencies and health			✓	√	
Social emotional distress			<u>√</u>	•	
Violence and victimization (bullying)	√		<u> </u>	√	
Zest	<u> </u>		√	•	<u> </u>
School Climate			<u> </u>		
Academic rigor and norms				√	√
College and career supports		√		<u>·</u> ✓	
Family support		<u> </u>	√	•	<u> </u>
High expectations	√		<u> </u>	√	√
Meaningful participation and decision-making	<u> </u>			✓	<u> </u>
Parent involvement	✓			✓	
Quality of physical environment	<u> </u>	√		✓	
Relationships among staff	<u> </u>	<u> </u>		✓	<u> </u>
Relationships among students		√	√	✓	
Relationships between students and staff	✓	<u> </u>	v	→	
Respect for diversity and cultural sensitivity	Ψ	✓		∨ ✓	· /
Teacher and other supports for learning		✓		∨ ✓	
School Climate Improvement Practices		v		v	v
Bullying prevention		✓		./	
Discipline and order (policies, enforcement)		✓		✓	
Services and policies to address student needs		v			v
Social-emotional/behavioral supports		√		✓	✓
Staff supports		v		✓	v

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ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For more information, call the toll-free helpline at 888.841.7536, or visit the website at chks.wested.org.

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Survey Module Administration

Table 1
CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	
C. Building Healthy Communities (BHC) Module	
D. Cal-Well Module	
E. Closing the Achievement Gap (CTAG) Module	
F. District Afterschool Module (DASM)	
G. Drug Free Communities (DFC) Module	
H. Gang Risk Awareness Module	
I. Gender & Sex-Based Harassment Module	
J. Military Connected School Module	
K. Physical Health & Nutrition Module	
L. Resilience & Youth Development Module	
M. Safety & Violence Module	
N. School Climate Module	
O. Sexual Behavior Module	
P. Social Emotional Health Module	
Q. Tobacco Module	
Z. Custom Questions	X

Core Module Results

1. Survey Sample

Table A1.1 Student Sample for Core Module

	Grade 7	Grade 9	Grade 11	NT ^A
Number of districts	8	3	3	4
Number of schools	11	7	7	4
Number of students	1,802	1,984	1,416	119

 $Note: {}^{A}NT \ includes \ continuation, \ community \ day, \ and \ other \ alternative \ school \ types.$

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate and Student Well-Being

	Grade 7	Grade 9	Grade 11	NT	Table
	%	%	%	%	
School Engagement and Supports					
School connectedness [†]	27	20	22	13	A4.6
Academic motivation [†]	41	33	30	22	A4.6
Chronic truancy (twice a month or more often)§	3	5	13	29	A4.2
Caring adult relationships [‡]	35	28	32	21	A4.5
High expectations [‡]	49	37	37	25	A4.5
Meaningful participation [‡]	13	10	12	6	A4.5
Facilities upkeep	15	13	17	14	A4.13
School Safety and Substance Use					
School perceived as very safe or safe	66	64	68	50	A5.1
Experienced any harassment or bullying§	37	35	28	24	A5.2
Had mean rumors or lies spread about you§	39	34	28	35	A5.3
Been afraid of being beaten up§	16	11	5	7	A5.4
Been in a physical fight§	14	8	3	14	A5.4
Seen a weapon on campus§	15	11	7	10	A5.6
Been drunk or "high" on drugs at school, ever	2	11	20	33	A6.9
Mental and Physical Health					
Current alcohol or drug use¶	6	26	49	57	A6.5
Current binge drinking¶	2	9	25	23	A6.5
Very drunk or "high" 7 or more times	1	13	28	47	A6.7
Current cigarette smoking¶	1	2	7	13	A7.3
Current electronic cigarette use¶	5	20	28	38	A7.3
Experienced chronic sadness/hopelessness§	22	29	35	37	A8.4
Considered suicide§	na	15	13	18	A8.5

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

[†]Average percent of respondents reporting "Strongly agree."

[‡]Average percent of respondents reporting "Very much true."

[§]Past 12 months.

[¶]Past 30 days.

3. Demographics

Table A3.1

Gender of Sample

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Male	52	50	50	58
Female	48	50	50	42

Question HS/MS A.3: What is your sex?

Note: Cells are empty if there are less than 10 respondents.

Table A3.2

Hispanic or Latino

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	68	73	72	30
Yes	32	27	28	70

Question HS/MS A.5: Are you of Hispanic or Latino origin? Note: Cells are empty if there are less than 10 respondents.

Table A3.3 *Race*

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
American Indian or Alaska Native	2	2	6	20
Asian	5	5	5	2
Black or African American	2	2	2	11
Native Hawaiian or Pacific Islander	1	1	1	1
White	55	62	66	27
Mixed (two or more) races	34	28	21	38

Question HS/MS A.6: What is your race?

Table A3.4

Living Situation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A home with one or more parent or guardian	93	95	95	80
Other relative's home	1	1	1	7
A home with more than one family	3	2	2	3
Friend's home	0	0	0	3
Foster home, group care, or waiting placement	0	0	0	0
Hotel or motel	0	0	0	0
Shelter, car, campground, or other transitional or temporary housing	0	0	0	2
Other living arrangement	3	2	1	4

Question HS/MS A.8: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Note: Cells are empty if there are less than 10 respondents.

Table A3.5

Highest Education of Parents

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not finish high school	7	8	9	34
Graduated from high school	6	7	8	16
Attended college but did not complete four-year degree	5	6	7	14
Graduated from college	67	71	69	17
Don't know	15	8	6	19

Question HS/MS A.9: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)

Table A3.6
Free or Reduced Price Meals Eligibility

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	61	73	73	34
Yes	21	19	21	52
Don't know	19	8	6	14

Question HS/MS A.10: Do you receive free or reduced-price lunches at school? (Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.)

Note: Cells are empty if there are less than 10 respondents.

Table A3.7

Participation in Migrant Education Program, Past 3 Years

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	79	90	94	83
Yes	1	1	1	2
Don't know	20	9	5	15

Question HS/MS A.11: In the past three years, were you part of the Migrant Education Program or did your family move to find seasonal or temporary work in agriculture or fishing?

Note: Cells are empty if there are less than 10 respondents.

Table A3.8

Language Spoken at Home

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
English	74	79	78	43
Spanish	21	16	17	50
Mandarin	0	0	0	1
Cantonese	0	0	0	2
Taiwanese	0	0	0	0
Tagalog	0	0	0	1
Vietnamese	1	0	1	0
Korean	0	0	0	0
Other	3	4	4	3

Question HS/MS A.12: What language is spoken most of the time in your home?

Table A3.9

English Language Proficiency – All Students

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
How well do you				
understand English?				
Very well	93	94	94	86
Well	6	5	5	10
Not well	0	1	1	3
Not at all	0	0	0	1
speak English?				
Very well	89	91	91	75
Well	10	7	7	20
Not well	1	2	2	1
Not at all	0	0	0	4
read English?				
Very well	86	89	89	73
Well	12	10	10	22
Not well	2	1	1	4
Not at all	0	0	0	2
write English?				
Very well	84	86	88	68
Well	14	12	10	24
Not well	2	2	2	6
Not at all	0	0	0	2
English Language Proficiency Status				
Proficient	86	89	88	72
Not proficient	14	11	12	28

Question HS/MS A.13-16: How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions - how well do you understand... speak... read... and write English. Response options are reverse coded so higher values indicate higher English proficiency level ("Not at all" (1); "Not well" (2); "Well" (3); and "Very well" (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as "Proficient" or "Not Proficient" based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

Not Proficient: students with average item response \leq 3.5.

Table A3.10

English Language Proficiency – Students Speaking a Language Other Than English at Home

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
How well do you	/0	/0	///	70
understand English?				
Very well	81	78	77	80
Well	16	16	17	17
Not well	1	6	5	2
Not at all	1	1	0	2
speak English?				
Very well	70	71	70	68
Well	26	21	21	25
Not well	3	7	8	2
Not at all	1	2	1	5
read English?				
Very well	67	69	65	63
Well	28	25	29	30
Not well	4	5	6	6
Not at all	1	1	1	2
write English?				
Very well	63	67	62	59
Well	32	26	29	31
Not well	4	6	8	9
Not at all	1	1	0	0
English Language Proficiency Status				
Proficient	67	68	63	63
Not proficient	33	32	37	37

Question HS/MS A.13-16: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions - how well do you understand... speak... read... and write English. Response options are reverse coded so higher values indicate higher English proficiency level ("Not at all" (1); "Not well" (2); "Well" (3); and "Very well" (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as "Proficient" or "Not Proficient" based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

Not Proficient: students with average item response \leq 3.5.

Table A3.11
Number of Days Attending Afterschool Program

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	77	80	86	79
1 day	7	3	3	4
2 days	6	4	2	9
3 days 4 days	4	3	2	3
4 days	2	2	2	2
5 days	5	8	6	3

Question HS/MS A.17: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 10 respondents.

Table A3.12

Military Connections

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	95	97	97	93
Yes	2	1	1	6
Don't know	2	1	1	1

Question HS A.128/MS A.117: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

Table A3.13
Sexual Orientation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Straight (not gay)	83	83	80	75
Gay or Lesbian	0	2	3	2
Bisexual	3	5	6	12
I am not sure yet	6	6	5	2
Something else	2	2	2	4
Decline to respond	6	2	4	6

Question HS A.129/MS A.118: Which of the following best describes you?

Note: Cells are empty if there are less than 10 respondents.

Table A3.14

Gender Identity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No, I am not transgender	94	96	95	93
Yes, I am transgender	1	1	1	2
I am not sure if I am transgender	2	1	1	2
Decline to respond	3	1	3	4

Question HS A.130/MS A.119: Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender?

4. School Performance, Supports, and Engagement

Table A4.1 Grades, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Mostly A's	38	37	28	4
A's and B's	35	31	34	23
Mostly B's	7	9	12	8
B's and C's	11	13	15	26
Mostly C's	2	4	5	3
C's and D's	4	5	5	22
Mostly D's	1	1	1	4
Mostly F's	1	1	1	9

Question HS/MS A.18: During the past 12 months, how would you describe the grades you mostly received in school?

Notes: Cells are empty if there are less than 10 respondents.

Table A4.2

Truancy, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	81	66	45	36
1-2 times	9	18	23	12
A few times	6	10	15	22
Once a month	1	1	3	1
Twice a month	1	2	5	3
Once a week	0	1	4	9
More than once a week	1	2	4	18

Question HS/MS A.21: During the past 12 months, about how many times did you skip school or cut classes? Notes: Cells are empty if there are less than 10 respondents.

Table A4.3
Absences, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I did not miss any days of school in the past 30 days	52	41	33	21
1 day	25	26	28	24
2 days	13	18	22	23
3 or more days	9	15	18	32

Question HS/MS A.19: In the past 30 days, how often did you miss an entire day of school for any reason? Notes: Cells are empty if there are less than 10 respondents.

Table A4.4

Reasons for Absence, Past 30 Days

	Grade 7 %	Grade 9	Grade 11 %	NT %
Does not apply; I didn't miss any school	51	39	31	22
Illness (feeling physically sick), including problems with breathing or your teeth	34	46	50	49
Were being bullied or mistreated at school	1	1	1	2
Felt very sad, hopeless, anxious, stressed, or angry	5	10	13	22
Didn't get enough sleep	6	13	21	29
Didn't feel safe at school or going to and from school	1	2	3	3
Had to take care of or help a family member or friend	2	3	3	12
Wanted to spend time with friends	0	2	5	6
Use alcohol or drugs	1	1	2	6
Were behind in schoolwork or weren't prepared for a test or class assignment	2	6	16	11
Were bored or uninterested in school	2	5	10	12
Had no transportation to school	1	2	2	4
Other reason	16	15	15	15

Question HS/MS A.20: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table A4.5
School Environment Scales (Developmental Supports)

	Grade 7	Grade 9	Grade 11	NT	Table
TD 4 1 1 1 1 4	%	%	%	%	
Total school supports					
Average Reporting "Very much true"	32	25	27	18	
High	39	30	33	19	
Moderate	47	55	53	58	
Low	14	15	14	23	
Caring adults in school					
Average Reporting "Very much true"	35	28	32	21	A4.7
High	42	35	38	23	
Moderate	48	56	54	66	
Low	10	10	7	11	
High expectations-adults in school					
Average Reporting "Very much true"	49	37	37	25	A4.8
High	59	46	45	29	
Moderate	36	47	50	63	
Low	6	7	5	8	
Meaningful participation at school					
Average Reporting "Very much true"	13	10	12	6	A4.9
High	13	8	11	6	
Moderate	45	43	42	32	
Low	43	49	47	61	

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Table A4.6
School Connectedness, Academic Motivation, and Parent Involvement Scales

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
School Connectedness					
Average Reporting "Strongly agree"	27	20	22	13	A4.10
High	57	55	54	43	
Moderate	35	38	37	50	
Low	8	7	9	8	
Academic Motivation					
Average Reporting "Strongly agree"	41	33	30	22	A4.11
High	40	33	29	20	
Moderate	42	44	43	45	
Low	18	23	28	35	
Parent Involvement in School					
Average Reporting "Strongly agree"	23	12	12	11	A4.12
High	47	31	31	25	
Moderate	38	46	45	53	
Low	15	23	25	22	

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Table A4.7

Caring Relationships Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Caring adults in school				
Average Reporting "Very much true"	35	28	32	21
At my school, there is a teacher or some other adult				
who really cares about me.				
Not at all true	9	8	5	13
A little true	26	30	24	31
Pretty much true	34	39	40	37
Very much true	31	23	31	19
who notices when I'm not there.				
Not at all true	10	9	8	11
A little true	23	28	27	27
Pretty much true	34	36	37	41
Very much true	34	27	28	21
who listens to me when I have something to say.				
Not at all true	8	6	5	8
A little true	19	20	18	28
Pretty much true	34	39	41	42
Very much true	40	35	36	22

Question HS/MS A.35, 37, 39: At my school, there is a teacher or some other adult... who really cares about me... who notices when I am not there... who listens to me when I have something to say. Notes: Cells are empty if there are less than 10 respondents.

Table A4.8

High Expectations Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
High expectations-adults in school				
Average Reporting "Very much true"	49	37	37	25
At my school, there is a teacher or some other adult				
who tells me when I do a good job.				
Not at all true	6	7	5	6
A little true	18	21	21	34
Pretty much true	35	41	42	38
Very much true	41	31	33	22
who always wants me to do my best.				
Not at all true	4	4	3	6
A little true	10	15	15	23
Pretty much true	29	37	40	45
Very much true	57	44	42	25
who believes that I will be a success.				
Not at all true	6	7	5	11
A little true	15	18	18	29
Pretty much true	30	37	39	34
Very much true	49	37	37	26

Question HS/MS A.36, 38, 40: At my school, there is a teacher or some other adult... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.

Table A4.9 *Meaningful Participation Scale Questions*

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Meaningful participation at school				
Average Reporting "Very much true"	13	10	12	6
At school				
I do interesting activities.				
Not at all true	13	14	15	28
A little true	29	31	33	43
Pretty much true	34	34	30	21
Very much true	25	21	22	9
I help decide things like class activities or rules.				
Not at all true	38	45	42	51
A little true	33	32	34	28
Pretty much true	18	16	15	17
Very much true	10	7	9	4
I do things that make a difference.				
Not at all true	21	28	29	42
A little true	36	41	38	31
Pretty much true	27	23	21	19
Very much true	15	9	12	7
I have a say in how things work.				
Not at all true	36	38	40	49
A little true	32	35	35	28
Pretty much true	21	19	16	16
Very much true	11	8	9	7
I help decide school activities or rules.				
Not at all true	58	63	59	60
A little true	25	23	24	27
Pretty much true	11	9	10	8
Very much true	6	4	7	5

Question HS/MS A.41-45: At school... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.

Table A4.10 School Connectedness Scale Questions

	Grade 7	Grade 9 %	Grade 11	NT %
School Connectedness	70	70	70	70
Average Reporting "Strongly agree"	27	20	22	13
I feel close to people at this school.				
Strongly disagree	3	4	5	7
Disagree	5	7	9	20
Neither disagree nor agree	19	19	18	35
Agree	43	44	38	28
Strongly agree	29	26	29	10
I am happy to be at this school.				
Strongly disagree	6	5	6	9
Disagree	8	7	8	6
Neither disagree nor agree	23	21	22	30
Agree	39	46	43	39
Strongly agree	25	22	21	16
I feel like I am part of this school.				
Strongly disagree	5	5	7	8
Disagree	9	9	10	11
Neither disagree nor agree	22	27	27	32
Agree	39	43	38	38
Strongly agree	24	17	18	11
The teachers at this school treat students fairly.				
Strongly disagree	6	5	5	3
Disagree	9	9	10	7
Neither disagree nor agree	22	23	25	28
Agree	38	48	44	47
Strongly agree	24	15	17	16
I feel safe in my school.				
Strongly disagree	4	4	3	1
Disagree	6	7	6	9
Neither disagree nor agree	21	21	22	34
Agree	38	48	45	42
Strongly agree	31	19	23	15

Question HS/MS A.22-26: How strongly do you agree or disagree with the following statements?... I feel close to people at this school... I am happy to be at this school... I feel like I am part of this school... The teachers at this school treat students fairly... I feel safe in my school.

Table A4.11
Academic Motivation Scale Questions

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Academic Motivation				
Average Reporting "Strongly agree"	41	33	30	22
I try hard to make sure that I am good at my schoolwork.				
Strongly disagree	2	3	2	3
Disagree	3	4	6	7
Neither disagree nor agree	9	10	15	18
Agree	34	41	39	46
Strongly agree	53	42	39	26
I try hard at school because I am interested in my work.				
Strongly disagree	6	7	6	6
Disagree	10	13	18	14
Neither disagree nor agree	25	23	22	32
Agree	31	34	32	29
Strongly agree	27	23	22	19
I work hard to try to understand new things at school.				
Strongly disagree	3	4	3	7
Disagree	4	6	7	6
Neither disagree nor agree	17	16	19	26
Agree	39	43	44	41
Strongly agree	38	31	28	20
I am always trying to do better in my schoolwork.				
Strongly disagree	2	3	3	5
Disagree	3	5	6	6
Neither disagree nor agree	13	15	20	23
Agree	35	39	40	41
Strongly agree	46	37	31	24

Question HS/MS A.31-34: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard at school because I am interested in my work... I work hard to try to understand new things at school... I am always trying to do better in my schoolwork. Notes: Cells are empty if there are less than 10 respondents.

Table A4.12

Parent Involvement Scale Questions

	Grade 7	Grade 9	Grade 11	NT
Parent Involvement in School	%	%	%	%
Average Reporting "Strongly agree"	23	12	12	11
Teachers at this school communicate with parents about what students are expected to learn in class.				
Strongly disagree	5	6	7	6
Disagree	9	18	18	14
Neither disagree nor agree	23	31	32	41
Agree	39	33	33	30
Strongly agree	23	11	11	9
Parents feel welcome to participate at this school.				
Strongly disagree	4	4	3	3
Disagree	6	8	9	10
Neither disagree nor agree	29	37	40	57
Agree	39	38	36	18
Strongly agree	23	13	12	11
School staff takes parent concerns seriously.				
Strongly disagree	5	5	5	6
Disagree	8	10	13	5
Neither disagree nor agree	28	37	33	41
Agree	38	38	37	34
Strongly agree	22	11	12	13

Question HS/MS A.28-30: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff takes parent concerns seriously.

Table A4.13

Quality of School Physical Environment

	Grade 7	Grade 9 %	Grade 11 %	NT %
My school is usually clean and tidy.				
Strongly disagree	9	6	6	3
Disagree	17	14	11	5
Neither disagree nor agree	26	24	25	32
Agree	32	44	41	47
Strongly agree	15	13	17	14

Question HS/MS A.27: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

5. School Violence, Victimization, and Safety

Table A5.1

Perceived Safety at School

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Very safe	23	15	25	19
Safe	43	49	44	31
Neither safe nor unsafe	27	29	26	40
Unsafe	4	4	4	8
Very unsafe	2	2	2	2

Question HS A.99/MS A.88: How safe do you feel when you are at school?

Table A5.2

Reasons for Harassment on School Property, Past 12 Months

	Grade 7	Grade 9		NT
	%	%	%	%
Race, ethnicity, or national origin				
0 times	85	87	90	87
1 time	7	5	5	4
2 or more times	8	8	5	9
Religion				
0 times	94	93	94	93
1 time	4	3	2	3
2 or more times	3	4	4	5
Gender (being male or female)				
0 times	91	90	91	96
1 time	5	4	4	2
2 or more times	4	6	5	2
Because you are gay or lesbian or someone thought you were				
0 times	91	92	94	92
1 time	4	3	3	2
2 or more times	5	5	3	6
A physical or mental disability				
0 times	95	95	97	95
1 time	2	2	1	3
2 or more times	3	3	2	2
You are an immigrant or someone thought you were				
0 times	94	95	95	94
1 time	3	2	2	4
2 or more times	3	2	2	3
Any of the above six reasons	28	28	23	19

Question HS A.115-120/MS A.105-110: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender... Because you are gay or lesbian or someone thought you were... A physical or mental disability... You are an immigrant or someone thought you were.

Table A5.2

Reasons for Harassment on School Property, Past 12 Months – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Any other reason				
0 times	78	80	87	86
1 time	8	7	5	6
2 or more times	14	13	8	8
Any harassment	37	35	28	24

Question HS A.115-121/MS A.105-111: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender... Because you are gay or lesbian or someone thought you were... A physical or mental disability... You are an immigrant or someone thought you were... Any other reason.

Table A5.3

Verbal Harassment at School, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During the past 12 months, how many times on school property have you	70	70	76	70
had mean rumors or lies spread about you?				
0 times	61	66	72	65
1 time	19	17	14	14
2 to 3 times	11	9	9	11
4 or more times	9	7	5	10
had sexual jokes, comments, or gestures made to you?				
0 times	72	69	73	77
1 time	11	11	10	7
2 to 3 times	6	9	9	5
4 or more times	10	12	8	11
been made fun of because of your looks or the way you talk?				
0 times	68	69	78	77
1 time	13	12	8	7
2 to 3 times	8	8	6	6
4 or more times	11	11	7	9
been made fun of, insulted, or called names?				
0 times	60	68	78	78
1 time	15	11	8	5
2 to 3 times	10	8	7	6
4 or more times	15	12	7	11

Question HS A.103-105, 114/MS A.93-95, 104: During the past 12 months, how many times on school property have you... had mean rumors or lies spread about you... had sexual jokes, comments, or gestures made to you... been made fun of because of your looks or the way you talk... been made fun of, insulted, or called names? Notes: Cells are empty if there are less than 10 respondents.

Table A5.4
Violence and Victimization on School Property, Past 12 Months

	Grade 7	Grade 9	Grade 11	NT %
During the past 12 months, how many times on school	70	70	70	70
property have you				
been pushed, shoved, slapped, hit, or kicked by				
someone who wasn't just kidding around?				
0 times	73	84	93	80
1 time	12	8	5	9
2 to 3 times	7	4	1	5
4 or more times	7	3	1	6
been afraid of being beaten up?				
0 times	84	89	95	93
1 time	10	6	2	3
2 to 3 times	3	3	1	1
4 or more times	4	2	1	4
been threatened with harm or injury?				
0 times	92	94	96	92
1 time	5	3	2	5
2 to 3 times	1	2	1	1
4 or more times	2	1	1	3
been in a physical fight?				
0 times	86	92	97	86
1 time	8	5	2	8
2 to 3 times	4	2	1	3
4 or more times	2	1	0	3
been threatened or injured with a weapon (gun,				
knife, club, etc.)?				
0 times	97	97	98	94
1 time	2	1	1	4
2 to 3 times	1	1	0	0
4 or more times	0	1	0	2
been offered, sold, or given an illegal drug?				
0 times	89	65	74	78
1 time	6	12	10	7
2 to 3 times	3	10	8	6
4 or more times	2	12	8	8

Question HS A.100-102, 107, 111, 113/MS A.90-92, 97, 101, 103: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around... been afraid of being beaten up... been in a physical fight... been offered, sold, or given an illegal drug... been threatened or injured with a weapon (gun, knife, club, etc.) ... been threatened with harm or injury? Note: Cells are empty if there are less than 10 respondents.

Table A5.5

Property Damage on School Property, Past 12 Months

	Grade 7 %	Grade 9	Grade 11 %	NT %
Had your property stolen or deliberately damaged				
0 times	83	82	88	87
1 time	11	11	8	6
2 to 3 times	4	5	3	4
4 or more times	2	2	1	3
Damaged school property on purpose				
0 times	94	96	95	94
1 time	4	2	2	4
2 to 3 times	1	1	1	0
4 or more times	1	1	1	2

Question HS A.106, 108/MS A.96, 98: During the past 12 months, how many times on school property have you... had your property stolen or deliberately damaged, such as your car, clothing, or books... damaged school property on purpose?

Note: Cells are empty if there are less than 10 respondents.

Table A5.6
Weapons Possession on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Carried a gun				
0 times	99	99	99	98
1 time	0	0	0	0
2 to 3 times	0	0	0	1
4 or more times	0	0	0	1
Carried any other weapon (such as a knife or club)				
0 times	96	97	97	94
1 time	3	1	1	1
2 to 3 times	1	1	1	1
4 or more times	1	1	1	4
Seen someone carrying a gun, knife, or other weapon				
0 times	85	89	93	90
1 time	11	6	4	6
2 to 3 times	3	3	2	3
4 or more times	2	2	1	1

Question HS A.109, 110, 112/MS A.99, 100, 102: During the past 12 months, how many times on school property have you... carried a gun... carried any other weapon (such as a knife or club)... seen someone carrying a gun, knife, or other weapon?

6. Alcohol and Other Drug Use

Table A6.1
Summary Measures of Level of AOD Use and Perceptions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Lifetime illicit AOD use to get "high"	13	41	67	76	A6.2
Lifetime alcohol or drugs (any use)	13	43	68	76	A6.2
Lifetime very drunk or high (7 or more times)	1	13	28	47	A6.7
Lifetime drinking and driving involvement	27	9	31	31	A6.11
Current alcohol or drugs	6	26	49	57	A6.5
Current heavy drug uses	2	10	19	36	A6.5
Current heavy alcohol use (binge drinking)	2	9	25	23	A6.5
Current alcohol or drug use on school property	2	7	10	20	A6.8
Harmfulness of occasional marijuana use [‡]	39	21	16	23	A6.12
Difficulty of obtaining marijuana§	20	4	3	10	A6.13

[†]Excludes prescription pain medication, Diet Pills, and prescription stimulant.

[‡]Great harm.

[§]Very difficult.

Table A6.2
Summary of AOD Lifetime Use

	Grade 7	Grade 9	Grade 11	NT %
Alcohol	10	35	63	70
Marijuana	6	30	53	65
Inhalants	3	4	4	18
Cocaine, Methamphetamine, or any amphetamines	na	2	6	22
Heroin	na	1	1	5
Ecstasy, LSD, or other psychedelics	na	4	9	21
Prescription pain killers, Diet Pills, or other prescription stimulant	na	11	19	36
Cold/Cough Medicines or other over-the-counter medicines to get "high"	na	5	6	20
Any other drug, pill, or medicine to get "high"	2	3	4	16
Any of the above AOD use	13	43	68	76
Any illicit AOD use to get "high"	13	41	67	76

[†]Excludes prescription pain medication, Diet Pills, and prescription stimulant.

na—Not asked of middle school students.

Table A6.3

Lifetime AOD Use

Lifetime AOD Use	Grade 7	Grade 9	Grade 11	NT %
Alcohol (one full drink)	70	70	70	70
0 times	90	65	37	30
1 time	5	9	7	11
2 to 3 times	3	9	11	13
4 or more times	2	17	45	46
Marijuana (smoke, vape, eat, or drink)				
0 times	94	70	47	35
1 time	2	6	6	7
2 to 3 times	2	6	8	7
4 or more times	2	18	39	51
Inhalants				
0 times	97	96	96	82
1 time	2	2	2	7
2 to 3 times	1	1	1	5
4 or more times	1	1	1	5
Cocaine, Methamphetamine, or any amphetamines				
0 times	na	98	94	78
1 time	na	1	1	3
2 to 3 times	na	1	1	6
4 or more times	na	1	3	13
Heroin				
0 times	na	99	99	95
1 time	na	0	0	2
2 to 3 times	na	0	0	2
4 or more times	na	0	1	1
Ecstasy, LSD, or other psychedelics				
0 times	na	96	91	79
1 time	na	2	3	6
2 to 3 times	na	1	2	6
4 or more times	na	1	3	10

Question HS A.49-52, 54, 55/MS A.50-52: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, Methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Heroin... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms).

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A6.3

Lifetime AOD Use – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Prescription pain medication or opioids, tranquilizers, or sedatives	<u> </u>	<u> </u>	<u> 70 </u>	70
0 times	na	94	89	67
1 time	na	2	4	6
2 to 3 times	na	1	3	11
4 or more times	na	2	4	17
Diet Pills			<u> </u>	
0 times	na	97	97	95
1 time	na	1	1	1
2 to 3 times	na	1	1	1
4 or more times	na	2	2	3
Ritalin TM or Adderall TM or other prescription stimulant 0 times	no	94	87	79
	na			5
1 time 2 to 3 times	na	2	3	8
4 or more times	na	3	7	9
Cold/Cough Medicines or other over-the-counter medicines to get "high"	na	3	/	9
0 times	na	95	94	80
1 time	na	2	2	7
2 to 3 times	na	2	2	8
4 or more times	na	1	2	5
Any other drug, pill, or medicine to get "high" or for other than medical reasons				
0 times	98	97	96	84
1 time	1	1	2	3
2 to 3 times	1	1	1	6
4 or more times	1	1	1	7

Question HS A.56-60/MS A.54: During your life, how many times have you used the following?... Prescription pain medication or opioids ($Vicodin^{TM}$, $OxyContin^{TM}$, $Percodan^{TM}$, $Lortab^{TM}$), tranquilizers, or sedatives ($Xanax^{TM}$, $Ativan^{TM}$)... Diet Pills (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)... RitalinTM or AdderallTM or other prescription stimulant... Cold/Cough Medicines or other over-the-counter medicines to get "high"... Any other drug, pill, or medicine to get "high" or for other than medical reasons.

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A6.4
Lifetime Marijuana Consumption

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During your life, how many times have you used marijuana in any of the following ways				
Smoke it?				
0 times	96	76	51	32
1 time	1	4	7	4
2 to 3 times	2	5	9	9
4 or more times	2	15	34	55
In an electronic or e-cigarette or other vaping device?				
0 times	94	73	56	36
1 time	2	6	7	4
2 to 3 times	1	6	9	16
4 or more times	2	15	28	43
Eat or drink it in products made with marijuana?				
0 times	97	84	66	44
1 time	1	6	9	8
2 to 3 times	1	5	10	8
4 or more times	1	5	15	40

Question HS A.64-66/MS A.58-60: During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In an electronic or e-cigarette or other vaping device?... Eat or drink it in products made with marijuana?

Table A6.5

Current AOD Use, Past 30 Days

	Grade 7	Grade 9 %	Grade 11	NT %
Alcohol (one or more drinks of alcohol)	4	17	39	36
Binge drinking (5 or more drinks in a row)	2	9	25	23
Marijuana (smoke, vape, eat, or drink)	3	19	33	50
Inhalants	1	1	1	5
Prescription drugs to get "high" or for reasons other than prescribed	na	2	3	9
Other drug, pill, or medicine to get "high" or for reasons other than medical	1	2	2	8
Any drug use	3	20	34	51
Heavy drug use	2	10	19	36
Any AOD Use	6	26	49	57
Two or more substances at the same time	na	7	15	16

Question HS A.70-76/MS A.64-68: During the past 30 days, on how many days did you use... one or more drinks of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (smoke, vape, eat, or drink)... inhalants (things you sniff, huff, or breathe to get "high")... prescription drugs to get "high" or for reasons other than prescribed ... any other drug, pill, or medicine to get "high" or for reasons other than medical... two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?

Notes: Cells are empty if there are less than 10 respondents.

Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get "high" (high school only) and any other illegal drug/pill to get "high").

na—Not asked of middle school students.

Table A6.6
Frequency of Current AOD Use, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (one or more drinks)				
0 days	96	83	61	64
1 or 2 days	3	13	20	21
3 to 9 days	0	4	16	8
10 to 19 days	0	1	2	4
20 or more days	0	0	1	4
Binge drinking (5 or more drinks in a row)				
0 days	98	91	75	77
1 or 2 days	1	7	14	17
3 to 9 days	0	2	9	3
10 to 19 days	0	0	1	1
20 or more days	0	0	1	3
Marijuana (smoke, vape, eat, or drink)				
0 days	97	81	67	50
1 or 2 days	2	9	14	19
3 to 9 days	1	5	10	8
10 to 19 days	0	2	3	8
20 or more days	0	2	5	15

Question HS A.70-72/MS A.64-66: During the past 30 days, on how many days did you use... one or more drinks of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (smoke, vape, eat, or drink)?

Table A6.7

Lifetime Drunk or "High"

	Grade 7 %	Grade 9 %	Grade 11	NT %
Very drunk or sick after drinking alcohol	70	70	70	70
0 times	97	82	58	50
1 to 2 times	3	11	19	21
3 to 6 times	1	4	12	12
7 or more times	0	3	11	17
"High" (loaded, stoned, or wasted) from using drugs				
0 times	96	74	53	35
1 to 2 times	2	8	11	10
3 to 6 times	1	5	9	10
7 or more times	1	13	27	46
Very drunk or "high" 7 or more times	1	13	28	47

Question HS A.61, 62/MS A.55, 56: During your life, how many times have you been... very drunk or sick after drinking alcohol... "high" (loaded, stoned, or wasted) from using drugs?

Table A6.8

Current AOD Use on School Property, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol				
0 days	99	98	98	93
1 to 2 days	1	2	2	5
3 or more days	0	0	1	2
Marijuana (smoke, vape, eat, or drink)				
0 days	99	94	91	86
1 to 2 days	1	3	5	9
3 or more days	0	2	4	5
Any other drug, pill, or medicine to get "high" or for reasons other than medical?				
0 days	99	99	99	94
1 to 2 days	0	1	1	6
3 or more days	0	0	0	0
Any of the above	2	7	10	20

Question HS A.80-82/MS A.72-74: During the past 30 days, on how many days on school property did you use... at least one drink of alcohol... marijuana (smoke, vape, eat, or drink)... any other drug, pill, or medicine to get "high" or for reasons other than medical?

Note: Cells are empty if there are less than 10 respondents.

Table A6.9
Lifetime Drunk or "High" on School Property

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	98	89	80	67
1 to 2 times	1	6	9	14
3 to 6 times	0	2	5	4
7 or more times	0	3	6	15

Question HS A.63/MS A.57: During your life, how many times have you been... drunk on alcohol or "high" on drugs on school property?

Table A6.10
Cessation Attempts

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Alcohol				
Does not apply, don't use	na	80	62	63
0 times	na	15	33	21
1 time	na	3	3	6
2 to 3 times	na	1	1	5
4 or more times	na	1	1	6
Marijuana				
Does not apply, don't use	na	77	62	50
0 times	na	15	28	25
1 time	na	5	6	8
2 to 3 times	na	2	3	8
4 or more times	na	2	2	10

Question HS A.96, 97: How many times have you tried to quit or stop using... alcohol... marijuana?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A6.11

Drinking While Driving, Lifetime

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Driven a car when you had been using alcohol or drugs, or been in a car driven by a friend who had been using				
Never	na	91	69	69
1 time	na	3	10	7
2 times	na	2	7	8
3 to 6 times	na	2	7	6
7 or more times	na	2	7	11
Have ridden in a car driven by someone who had been using alcohol or drugs				
Never	73	na	na	na
1 time	9	na	na	na
2 times	5	na	na	na
3 to 6 times	4	na	na	na
7 or more times	8	na	na	na

Question HS A.98/MS A.87: During your life, how many times have you ever driven a car when you had been using alcohol or drugs, or been in a car driven by a friend when he or she had been using?... In your life, how many times have you ridden in a car driven by someone who had been using alcohol or drugs?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle/high school students.

Table A6.12
Perceived Harm of AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol - drink occasionally				
Great	27	21	16	30
Moderate	25	30	28	29
Slight	27	34	40	23
None	21	15	16	18
Alcohol - 5 or more drinks once or twice a week				
Great	56	61	52	43
Moderate	21	23	32	28
Slight	7	7	9	10
None	16	9	7	19
Marijuana - use occasionally				
Great	39	21	16	23
Moderate	30	29	21	14
Slight	13	30	35	23
None	17	20	29	40
Marijuana - use daily				
Great	69	51	38	28
Moderate	8	26	31	18
Slight	7	11	18	21
None	16	13	13	33

Question HS A.87-90/MS A.79-82: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, eat, or drink) ... Use marijuana daily. Note: Cells are empty if there are less than 10 respondents.

Table A6.13
Perceived Difficulty of Obtaining Alcohol and Marijuana

	Grade 7	Grade 9	Grade 11	NT
Alcohol	%	%	%	%
Very difficult	14	4	4	11
Fairly difficult	14	7	5	4
Fairly easy	19	27	26	27
Very easy	19	43	53	38
Don't know	34	18	12	20
Marijuana				
Very difficult	20	4	3	10
Fairly difficult	14	6	3	5
Fairly easy	16	25	24	9
Very easy	12	46	57	57
Don't know	39	20	13	20

Question HS A.93, 94/MS A.85, 86: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana.

7. Tobacco Use

Table A7.1
Summary of Key CHKS Tobacco Indicators

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Use Prevalence and Patterns	70	70	70	70	
Ever smoked a whole cigarette	2	7	18	42	A7.2
Current cigarette smoking [†]	1	2	7	13	A7.3
Current cigarette smoking at school [†]	0	1	1	9	A7.4
Ever tried smokeless tobacco	1	3	9	18	A7.2
Current smokeless tobacco use [†]	0	1	3	5	A7.3
Current smokeless tobacco use at school [†]	0	0	1	3	A7.4
Ever used electronic cigarettes	9	34	47	57	A7.2
Current use of electronic cigarettes [†]	5	20	28	38	A7.3
Current use of electronic cigarettes at school [†]	3	10	13	18	A7.4
Cessation Attempts					
Tried to quit or stop using cigarettes	na	2	5	17	A7.5
Attitudes and Correlates					
Harmfulness of occasional cigarette smoking [‡]	33	27	28	31	A7.6
Harmfulness of smoking 1 or more packs/day [‡]	71	76	81	64	A7.6
Difficulty of obtaining cigarettes§	15	6	5	16	A7.8

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

[†]Past 30 days.

 $^{^{\}ddagger}$ *Great harm.*

[§]Very difficult.

Table A7.2

Lifetime Tobacco Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A cigarette, even one or two puffs	//	///	///	70
0 times	96	na	na	na
1 time	2	na	na	na
2 to 3 times	1	na	na	na
4 or more times	1	na	na	na
A whole cigarette				
0 times	98	93	82	58
1 time	0	3	4	7
2 to 3 times	1	1	5	13
4 or more times	1	2	8	21
Smokeless tobacco				
0 times	99	97	91	82
1 time	1	2	4	6
2 to 3 times	0	1	2	6
4 or more times	1	1	3	5
An electronic cigarette or other vaping device				
0 times	91	66	53	43
1 time	3	7	7	5
2 to 3 times	2	7	8	10
4 or more times	4	21	32	42

Question HS A.46-48/MS A.46-49: During your life, how many times have you used the following? A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens.

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A7.3

Any Current Use and Daily Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarettes				
Any	1	2	7	13
Daily (20 or more days)	0	0	1	4
Smokeless tobacco				
Any	0	1	3	5
Daily (20 or more days)	0	0	0	2
Electronic cigarettes or other vaping device				
Any	5	20	28	38
Daily (20 or more days)	1	4	8	14

Question HS A.67-69/MS A.61-63: During the past 30 days, on how many days did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?

Table A7.4

Current Smoking on School Property, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarettes				
0 days	100	99	99	91
1 or 2 days	0	0	0	5
3 to 9 days	0	0	0	2
10 to 19 days	0	0	0	1
20 or more days	0	0	0	2
Smokeless tobacco				
0 days	100	100	99	97
1 or 2 days	0	0	1	0
3 to 9 days	0	0	1	0
10 to 19 days	0	0	0	1
20 or more days	0	0	0	2
Electronic cigarettes or other vaping device				
0 days	97	90	87	82
1 or 2 days	2	5	4	5
3 to 9 days	1	2	3	6
10 to 19 days	0	1	2	3
20 or more days	0	2	5	4

Question HS A.77-79/MS A.69-71: During the past 30 days, on how many days on school property did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?

Table A7.5
Cigarette Smoking Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, don't use	na	92	86	75
0 times	na	5	9	8
1 time	na	1	2	8
2 to 3 times	na	1	1	5
4 or more times	na	1	2	5

Question HS A.95: How many times have you tried to quit or stop using cigarettes?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A7.6

Perceived Harm of Cigarette Smoking

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Smoke cigarettes occasionally	70	70	70	70
Great	33	27	28	31
Moderate	34	42	43	25
Slight	17	20	20	17
None	15	11	9	26
Smoke 1 or more packs of cigarettes each day				
Great	71	76	81	64
Moderate	9	10	8	8
Slight	4	3	4	6
None	16	10	7	22

Question HS A.83, 84/MS A.75, 76: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day. Note: Cells are empty if there are less than 10 respondents.

Table A7.7

Perceived Harm of E-Cigarette Use Compared to Smoking

	Grade 7	Grade 9	Grade 11	NT %
Use e-cigarettes or vaping device occasionally compared to smoking cigarettes	<i>/\tilde{</i>	///	///	70
Great	36	26	24	25
Moderate	32	38	37	28
Slight	17	26	28	25
None	15	11	10	22
Use e-cigarettes or vaping devices several times a day compared to smoking cigarettes				
Great	58	52	49	29
Moderate	18	30	33	27
Slight	10	10	11	22
None	15	8	8	22

Question HS A.85, 86/MS A.77, 78: How much do people risk harming themselves physically and in other ways when they do the following?... Use e-cigarettes (electronic) or vaping device occasionally compared to smoking cigarettes... Use e-cigarettes or vaping devices several times a day compared to smoking cigarettes.

Table A7.8

Perceived Difficulty of Obtaining Cigarettes and E-Cigarettes

	Grade 7	Grade 9 %	Grade 11 %	NT %
Cigarettes	70	70	70	70
Very difficult	15	6	5	16
Fairly difficult	17	15	10	13
Fairly easy	19	31	31	17
Very easy	10	19	30	32
Don't know	39	29	23	23
E-Cigarettes or vaping device				
Very difficult	12	3	4	13
Fairly difficult	11	3	3	9
Fairly easy	22	22	22	13
Very easy	20	58	59	45
Don't know	34	15	12	21

Question HS A.91, 92/MS A.83, 84: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes.... E-cigarettes (electronic) or vaping device

8. Other Physical and Mental Health Risks

Table A8.1 Cyber Bullying, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times (never)	74	75	76	67
1 time	13	12	13	14
2 to 3 times	7	8	8	12
4 or more times	6	6	3	7

Question HS A.122/MS A.112: During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A8.2

Alone After School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	24	na	na	na
1 day	18	na	na	na
2 days	15	na	na	na
3 days	12	na	na	na
4 days	6	na	na	na
5 days	25	na	na	na

Question MS A.89: In a normal week, how many days are you home after school for at least one hour without an adult there?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of high school students.

Table A8.3

Eating of Breakfast

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	22	29	32	52
Yes	78	71	68	48

Question HS A.126/MS A.115: Did you eat breakfast today?

Note: Cells are empty if there are less than 10 respondents.

Table A8.4

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	78	71	65	63
Yes	22	29	35	37

Question HS A.124/MS A.114: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

Table A8.5
Seriously Considered Attempting Suicide, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	na	85	87	82
Yes	na	15	13	18

Question HS A.125: During the past 12 months, did you ever seriously consider attempting suicide?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A8.6

Gang Involvement

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	95	96	96	94
Yes	5	4	4	6

Question HS A.123/MS A.113: Do you consider yourself a member of a gang?

9. Race/Ethnic Breakdowns

Table A9.1
School Supports and Engagement by Race/Ethnicity - 7th Grade

Grade 7				7			
Percent of Students (%)	T/H	AI/AN	Asian	AA	Id/HN	White	Mixed
School Environment							
Total school supports [‡]	25	27	34	22	25	37	28
Caring adults in school [‡]	26	31	37	22	21	41	29
High expectations-adults in school [‡]	41	39	49	31	33	54	45
Meaningful participation at school [‡]	10	8	15	12	22	16	10
School Connectedness [†]	18	23	31	18	25	32	22
Academic Motivation †	34	34	50	27	43	45	37
Parent Involvement in School [†]	20	18	26	13	21	25	21

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. †Average percent of respondents reporting "Strongly agree." ‡Average percent of respondents reporting "Very much true."

Table A9.2
School Supports and Engagement by Race/Ethnicity - 9th Grade

	Grade 9						
Percent of Students (%)	7/Н	NY/IV	Asian	AA	Id/HN	White	Mixed
School Environment							
Total school supports [‡]	19	19	24	21	26	27	23
Caring adults in school [‡]	22	21	26	27	31	31	26
High expectations-adults in school [‡]	30	28	36	29	31	40	35
Meaningful participation at school [‡]	7	8	10	8	16	11	8
School Connectedness [†]	14	20	18	12	27	22	17
Academic Motivation [†]	29	43	42	26	27	34	31
Parent Involvement in School [†]	14	18	14	8	20	11	13

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. †Average percent of respondents reporting "Strongly agree." ‡Average percent of respondents reporting "Very much true."

Table A9.3
School Supports and Engagement by Race/Ethnicity - 11th Grade

	Grade 11								
Percent of Students (%)		AI/AN	Asian	AA	Id/HN	White	Mixed		
School Environment									
Total school supports [‡]	22	23	24	27	29	30	24		
Caring adults in school [‡]	26	27	26	32	42	35	28		
High expectations-adults in school [‡]	32	32	32	32	33	41	35		
Meaningful participation at school [‡]	9	10	12	18	11	14	9		
School Connectedness [†]	16	20	17	12	25	25	17		
Academic Motivation [†]	27	30	36	31	50	32	23		
Parent Involvement in School [†]	11	13	13	9	15	13	9		

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. †Average percent of respondents reporting "Strongly agree." ‡Average percent of respondents reporting "Very much true."

Table A9.4
School Supports and Engagement by Race/Ethnicity - Non-Traditional

	NT								
Percent of Students (%)		AI/AN	Asian	AA	Id/HN	White	Mixed		
School Environment									
Total school supports [‡]	15	17		12		30	17		
Caring adults in school [‡]	18	20		13		41	20		
High expectations-adults in school [‡]	22	31		17		39	21		
Meaningful participation at school [‡]	4	1		7		11	8		
School Connectedness [†]	12	18		2		16	16		
Academic Motivation [†]	19	21		13		33	25		
Parent Involvement in School [†]	10	15		7		13	11		

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. †Average percent of respondents reporting "Strongly agree." ‡Average percent of respondents reporting "Very much true."

Table A9.5
Feeling Safe or Very Safe at School by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	59	58	57	49
American Indian or Alaska Native	58	67	53	76
Asian	65	64	76	
Black or African American	61	50	55	50
Native Hawaiian or Pacific Islander	55	73	60	
White	72	67	72	55
Mixed (two or more) races	61	60	64	45

Note: Cells are empty if there are less than 10 respondents.

Table A9.6

Harassment Due to Six Reasons at School in the Past 12 Months by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %		
Hispanic or Latino	29	28	27	19		
American Indian or Alaska Native	32	28	27	0		
Asian	45	33	19			
Black or African American	42	56	48	40		
Native Hawaiian or Pacific Islander	36	40	10			
White	24	25	20	32		
Mixed (two or more) races	31	31	26	22		

Notes: Cells are empty if there are less than 10 respondents.

The six reasons include race, ethnicity or national origin; religion; gender (being male or female); sexual orientation; a physical or mental disability; and immigrant status.

Table A9.7

Any Harassment or Bullying at School in the Past 12 Months by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	35	33	30	22
American Indian or Alaska Native	45	33	30	0
Asian	51	33	19	
Black or African American	42	63	52	40
Native Hawaiian or Pacific Islander	36	47	10	
White	35	34	26	36
Mixed (two or more) races	39	36	33	28

Note: Cells are empty if there are less than 10 respondents.

Table A9.8

Any Alcohol Use at School in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	3	3	3	8
American Indian or Alaska Native	3	0	4	0
Asian	2	0	0	
Black or African American	3	0	5	20
Native Hawaiian or Pacific Islander	9	13	0	
White	0	2	2	0
Mixed (two or more) races	2	3	3	6

Table A9.9
Cigarette Smoking in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	2	3	6	12
American Indian or Alaska Native	0	2	3	0
Asian	1	1	2	
Black or African American	3	6	5	0
Native Hawaiian or Pacific Islander	9	6	9	
White	1	2	8	32
Mixed (two or more) races	1	3	7	25

Notes: Cells are empty if there are less than 10 respondents.

Table A9.10

Any Alcohol Use in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	5	12	22	29
American Indian or Alaska Native	0	7	18	29
Asian	2	5	21	
Black or African American	3	3	38	40
Native Hawaiian or Pacific Islander	9	38	50	
White	3	20	48	55
Mixed (two or more) races	5	16	31	41

Table A9.11

Any Marijuana Use in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	6	16	24	45
American Indian or Alaska Native	0	9	15	39
Asian	2	6	10	
Black or African American	3	21	38	40
Native Hawaiian or Pacific Islander	9	40	36	
White	2	19	38	55
Mixed (two or more) races	4	21	30	75

Notes: Cells are empty if there are less than 10 respondents.

Table A9.12
Chronic Sad or Hopeless Feelings in the Past 12 Months by Race/Ethnicity

1 8	<u> </u>			
	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Hispanic or Latino	29	33	39	35
American Indian or Alaska Native	30	21	38	19
Asian	19	18	26	
Black or African American	19	23	26	
Native Hawaiian or Pacific Islander	30	40	40	
White	18	28	34	33
Mixed (two or more) races	26	36	41	48

10. Gender Breakdowns

Table A10.1
School Supports and Engagement by Gender

	Grade 7		Grad	Grade 9 Grade 11		NT		
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
School Environment								
Total school supports [‡]	33	32	25	25	27	27	21	15
Caring adults in school [‡]	36	34	28	29	31	32	27	18
High expectations-adults in school [‡]	50	47	39	36	39	36	30	22
Meaningful participation at school [‡]	13	14	10	10	12	13	7	5
School Connectedness [†]	26	28	19	20	19	24	20	9
Academic Motivation [†]	45	38	39	27	35	24	30	17
Parent Involvement in School [†]	22	24	11	13	10	13	17	7

[†]Average percent of respondents reporting "Strongly agree."

[‡]Average percent of respondents reporting "Very much true."

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Table A10.2
Select Perceived Safety, Harassment, Alcohol and Other Drug Use, and Mental Health Measures by Gender

	Grade 7		Grad	de 9	Grade 11		NT	
	Female %	Male %						
Perceived Safety at School	70	70	70	70	70	70	70	70
Feel safe or very safe at school	63	70	62	67	62	75	52	48
Harassment/Bullying at School								
During the past 12 month at school, have you been								
harassed/bullied for any of the six reasons	29	27	31	24	26	19	21	18
harassed/bullied for any reasons	39	34	37	33	31	24	26	21
Current ATOD Use								
During the past 30 days, did you								
have at least one drink of alcohol at school	2	1	3	2	2	3	7	8
smoke cigarettes	1	1	3	2	6	8	20	9
have at least one drink of alcohol	4	4	21	14	44	34	33	38
use marijuana	2	4	21	17	33	33	41	55
Mental Health								
Chronic sad or hopeless feelings, past 12 months	25	18	38	20	43	27	50	27

Z. Marin County Custom Questions

1. Module Sample

Table Z1.1
Student Sample for Custom Questions

	Grade 7	Grade 9	Grade 11	NT ^A
Number of districts	6	3	3	3
Number of schools	9	7	7	3
Number of students	1,397	1,899	1,322	97

Note: ^ANT includes continuation, community day, and other alternative school types.

2. Custom Questions

Table Z.2.1

Teachers and other adults encourage me to work hard in school so I can be successful in college or at the job I choose. - How strongly do you agree or disagree with the following statements?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
Strongly disagree	4	5	4	7	4
Disagree	4	5	5	5	5
Neither agree nor disagree	15	16	17	15	16
Agree	36	44	47	44	43
Strongly agree	41	30	27	28	32

Question HS/MS Z.1.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.2

I have been disrespected or mistreated by an adult at this school because of my race, ethnicity, or nationality. - How strongly do you agree or disagree with the following statements?

	Grade				_
	7th %	9th %	11th %	NT %	Total %
Strongly disagree	66	60	55	53	60
Disagree	15	21	23	20	20
Neither agree nor disagree	10	10	13	13	11
Agree	5	5	5	9	5
Strongly agree	4	4	4	5	4

Question HS/MS Z.2.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.3

Outside of my home and school, there is an adult who really cares about me. - How true do you feel these statements are about you personally?

	Grade					
	7th	9th %	11th %	NT %	Total %	
Not at all true	5	5	5	10	5	
A little true	9	10	10	17	10	
Pretty much true Very much true	15 72	17 68	17 68	28 45	17 69	

Question HS/MS Z.3.

Table Z.2.4

Outside of my home and school, there is an adult who tells me when I do a good job. - How true do you feel these statements are about you personally?

		Grade			
	7th	9th %	11th %	NT %	Total %
Not at all true	6	7	6	20	7
A little true	11	12	14	23	13
Pretty much true	21	23	23	24	22
Very much true	62	58	57	33	58

Question HS/MS Z.4.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.5

Outside of my home and school, there is an adult who notices when I am upset about something. - How true do you feel these statements are about you personally?

	Grade					
	7th	9th %	11th %	NT %	Total %	
Not at all true	9	11	12	24	11	
A little true	14	17	16	21	16	
Pretty much true	21	24	23	23	23	
Very much true	55	48	49	32	50	

Question HS/MS Z.5.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.6

Outside of my home and school, there is an adult who believes that I will be a success. - How true do you feel these statements are about you personally?

	Grade				
	7th %	9th	11th	NT	Total
		%	%	%	%
Not at all true	6	6	6	14	6
A little true	10	12	11	23	11
Pretty much true	17	22	24	30	21
Very much true	67	60	59	33	61

Question HS/MS Z.6.

Table Z.2.7

Outside of my home and school, there is an adult who always wants me to do my best. - How true do you feel these statements are about you personally?

	Grade					
	7th	9th %	11th	NT %	Total	
Not at all true			5	12		
A little true	7	9	9	18	9	
Pretty much true	16	19	20	27	18	
Very much true	73	67	66	43	68	

Question HS/MS Z.7.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.8

Outside of my home and school, there is an adult whom I can trust. - How true do you feel these statements are about you personally?

	Grade					
	7th	9th	11th	NT	Total	
	%	%	%	%	%	
Not at all true	9	9	8	19	9	
A little true	10	14	14	25	13	
Pretty much true	16	21	21	21	19	
Very much true	65	57	56	35	59	

Question HS/MS Z.8.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.9

I know where to go for help with a problem and I can find someone to talk with. - How true do you feel these statements are about you personally?

	Grade				
	7th %	9th	11th	NT	Total
		%	%	%	%
Not at all true	9	7	6	14	7
A little true	16	17	16	21	17
Pretty much true	27	34	34	38	32
Very much true	48	43	44	27	44

Question HS/MS Z.9.

Table Z.2.10

I have a friend about my own age that really cares for me. - How true do you feel these statements are about you personally?

	Grade				
	7th	9th %	11th %	NT %	Total %
Not at all true	5	5	5	14	5
A little true	13	11	10	16	11
Pretty much true	24	24	24	30	24
Very much true	59	60	61	41	59

Question HS/MS Z.10.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.11
In my home there is a parent or some other adult who believes that I will be a success. - How true do you feel these statements are about you personally?

	Grade					
	7th	9th	11th	NT	Total	
	%	%	%	%	%	
Not at all true	4	3	3	9	3	
A little true	6	8	8	23	8	
Pretty much true	17	21	22	27	20	
Very much true	74	69	67	40	69	

Question HS/MS Z.11.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.12
In my home there is a parent or some other adult who listens to me when I have something to say. - How true do you feel these statements are about you personally?

	Grade					
	7th %	9th	11th	NT	Total	
		%	%	%	%	
Not at all true	5	5	5	18	5	
A little true	11	12	12	18	12	
Pretty much true	20	23	24	35	23	
Very much true	64	60	59	29	60	

Question HS/MS Z.12.

Table Z.2.13

I am involved in music, art, literature, sports or a hobby. - How true do you feel these statements are about you personally?

		Grade			
	7th %	9th	11th	NT	Total
		%	%	%	<u>%</u>
Not at all true	9	8	8	30	9
A little true	6	8	8	22	8
Pretty much true	12	14	15	18	14
Very much true	73	70	68	30	70

Question HS/MS Z.13.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.14

I have goals and plans for the future. - How true do you feel these statements are about you personally?

	Grade					
	7th	9th	11th	NT	Total	
	%	%	%	%	<u>%</u>	
Not at all true	5	5	3	14	5	
A little true	9	12	10	18	11	
Pretty much true	20	21	22	24	21	
Very much true	65	62	65	45	63	

Question HS/MS Z.14.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.15

I believe I will be a success. - How true do you feel these statements are about you personally?

	Grade					
	7th %	9th	11th	NT	Total	
		%	%	%	%	
Not at all true	6	6	5	14	6	
A little true	11	14	16	21	14	
Pretty much true	23	28	26	17	26	
Very much true	60	53	53	48	55	

Question HS/MS Z.15.

Table Z.2.16
I know I will graduate from high school. - How true do you feel these statements are about you personally?

	Grade				
	7th	9th %	11th %	NT %	Total %
Not at all true	3	3	2	10	3
A little true	7	7	6	21	7
Pretty much true	15	16	14	22	15
Very much true	75	75	77	47	75

Question HS/MS Z.16.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.17

I plan to go to college or some other school after high school. - How true do you feel these statements are about you personally?

		Grade			
	7th %	9th %	11th %	NT %	Total %
Not at all true	3	4	3	9	3
A little true	7	7	7	24	7
Pretty much true	15	17	17	18	16
Very much true	75	72	74	49	73

Question HS/MS Z.17.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.18
I know I will find a good job after I graduate.

		Grade			
	7th %	9th %	11th %	NT %	Total %
Yes	91	83	76	85	83
No	9	17	24	15	17

Question HS/MS Z.18.

Table Z.2.19
Were you treated with respect all day yesterday? - Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time.

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0	4	3	2	7	3
1	1	1	1	0	1
2	1	1	1	2	1
3	3	2	2	1	2
4	3	3	3	5	3
5	6	7	7	10	7
6	6	5	7	10	6
7	10	11	12	11	11
8	17	20	20	6	19
9	16	21	15	9	18
10	33	27	30	36	30

Question HS/MS Z.19.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.20

Do you have health problems that keep you from doing any of the things other people your age can normally do? - Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time.

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0	53	48	46	59	49
1	5	5	4	6	5
2	3	4	4	3	3
3	2	3	5	3	3
4	2	2	2	3	2
5	4	4	5	3	4
6	2	2	3	5	2
7	3	4	5	5	4
8	3	5	5	3	4
9	5	6	4	1	5
10	20	18	16	7	18

Question HS/MS Z.20.

Table Z.2.21

On how many of the past 7 days did you participate in a physical activity for at least 30 minutes?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0 days	7	5	12	22	8
1 day	3	4	8	11	5
2 days	6	6	10	7	7
3 days	7	12	15	15	11
4 days	8	13	11	6	11
5 days	18	18	15	15	17
6 days	10	13	9	4	11
7 days	42	29	19	20	30

Question HS/MS Z.21.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.22

On how many of the past 7 days did you walk, bicycle, or skateboard home from school?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0 days	39	45	63	55	49
1 day	7	9	6	4	7
2 days	7	6	4	7	6
3 days	7	7	5	6	6
4 days	5	6	3	3	4
5 days	16	12	9	4	12
6 days	2	2	2	0	2
7 days	18	13	8	19	13

Question HS/MS Z.22.

Table Z.2.23

During the past seven days on how many days were you physically active for a total of at least 60 minutes per day? Do not include school P.E. (Add up all the time you spent in any kind of physical activity other than in school P.E. that increased your heart rate and made you breathe hard some of the time.)

		Grade				
	7th	9th	11th	NT	Total	
	%	%	%	%	%	
0 days	10	12	19	37	14	
1 day	7	7	10	9	8	
2 days	9	11	12	4	10	
3 days	12	14	14	9	13	
4 days	11	14	11	12	12	
5 days	16	16	14	11	15	
6 days	10	10	7	1	9	
7 days	25	17	13	17	18	

Question HS/MS Z.23.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.24

During the past 24 hours (yesterday), how many times did you eat fruits and vegetables, including salads or nonfried potatoes? (Do not count fruit juice.)

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0	5	6	7	22	6
1	7	10	10	11	9
2	14	17	18	18	16
3	20	23	25	14	22
4	17	17	18	17	17
5	14	11	10	3	12
6	5	4	3	5	4
7	18	13	10	10	14

Question HS/MS Z.24.

Table Z.2.25

Yesterday, how many times did you drink a bottle or glass of plain water? Count tap, bottled and unflavored sparkling water.

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
0	3	3	2	7	3
1	5	6	6	10	5
2	11	11	11	15	11
3	15	17	16	9	16
4	16	17	21	17	18
5	15	16	16	12	15
6	9	9	9	6	9
7	4	4	5	3	4
8 or more	22	17	16	21	18

Question HS/MS Z.25.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.26
Yesterday, how many glasses or cans of soda (such as Coke) or other sweetened drinks (such as fruit punch or sports drinks) did you drink? (Do not count diet and sugar-free drinks.)

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
0	50	53	56	33	53
1	32	28	27	35	29
2	10	11	10	22	11
3	4	4	4	6	4
4	2	2	2	3	2
5	1	1	1	1	1
6	0	0	0	0	0
7	0	0	0	0	0
8 or more	0	1	1	0	1

Question HS/MS Z.26.

Table Z.2.27
Which of the following are you trying to do about your weight?

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
Lose weight	36	39	39	62	39
Gain weight	11	16	18	19	15
Stay the same weight	18	17	15	5	16
I am not trying to do anything about my weight	34	29	27	14	30

Question HS/MS Z.27.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.28
Go without eating (fasting), eat less food, fewer calories, or foods low in fat. - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?

		Grade			
	7th %	9th %	11th %	NT %	Total %
No	80	80	77	66	79
Yes	20	20	23	34	21

Question HS/MS Z.28.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.29

Take any diet pills, powders, or liquids without a doctors advice (does not include meal replacement products, such as Slim Fast.) - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?

		Grade			
	7th	9th %	11th %	NT %	Total %
No	97	98	97	98	97
No Yes	3	2	3	2	3

Question HS/MS Z.29.

Table Z.2.30

Vomit or take laxatives. - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?

		Grade			
	7th	9th %	11th %	NT %	Total %
No Yes	98	96	96	95	97
Yes	2	4	4	5	3

Question HS/MS Z.30.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.31

How do you describe your weight?

		Grade			
	7th	9th	11th	NT	Total
	%	% %	%	%	%
Very underweight	4	2	1	2	2
Slightly underweight	19	19	16	17	18
About the right weight	53	54	59	35	55
Slightly overweight	20	21	21	32	21
Very overweight	3	3	3	15	4

Question HS/MS Z.31.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.32

Cut, burned, or scratched yourself on purpose? - In your lifetime have you ever intentionally, or on purpose, done any of the following?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
No	80	80	79	67	80
Yes	20	20	21	33	20

Question HS/MS Z.32.

Table Z.2.33
Attempted suicide? - In your lifetime have you ever intentionally, or on purpose, done any of the following?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
No	94	93	91	85	93
Yes	6	7	9	15	7

Question HS/MS Z.33.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.34

If I see someone being excluded, left out, or bullied at school:

	Grade					
	7th	7th	9th	11th	NT	Total
	%	%	%	%	%	
I know how to make them feel included and I am comfortable and confident in acting right now	52	48	46	56	49	
I know how to make them feel included but I am not comfortable and confident acting right now	32	34	36	20	34	
I don't know what to do to make them feel included	16	18	18	24	18	

Question HS/MS Z.34.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.35

Have you ever threatened or bullied anyone at school?

		Grade					
	7th %	9th %	11th %	NT %	Total %		
No	85	87	88	85	87		
Yes	15	13	12	15	13		

Question HS/MS Z.35.

Table Z.2.36

LSD, Ecstasy or other psychedelics (acid, mescaline, peyote, mushrooms) - During your lifetime, how many times have you used or tried the following substances?

	Grade					
	7th %	9th %	11th %	NT %	Total %	
0	98	96	90	78	95	
1-3	1	3	6	12	3	
4-5	0	0	1	1	1	
6-9	0	0	1	6	0	
10 or more	0	1	1	2	1	

Question HS/MS Z.36.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.37

Heroin (smack, junk, China White, black tar) - During your lifetime, how many times have you used or tried the following substances?

		Grade			
	7th %	9th %	11th %	NT %	Total %
0	99	99	99	96	99
1-3	0	0	0	2	0
4-5	0	0	0	2	0
6-9	0	0	0	0	0
10 or more	0	0	0	0	0

Question HS/MS Z.37.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.38

Prescription pain killers (Vicodin, OxyContin Percodan, Lortab) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

	Grade					
	7th	9th	11th	NT	Total	
	%	%	%	%	%	
0	97	97	95	82	96	
1-3	2	2	3	6	2	
4-5	0	0	1	3	1	
6-9	0	0	0	2	0	
10 or more	1	1	1	6	1	

Question HS/MS Z.38.

Table Z.2.39

Barbiturates (Seconol, Nembutol, Amital, red, yellow jackets) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0	99	99	99	100	99
1-3	1	0	0	0	0
4-5	0	0	0	0	0
6-9	0	0	0	0	0
10 or more	0	0	0	0	0

Question HS/MS Z.39.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.40
Tranquilizers, or sedatives, (tranks, libs, Xanax, Valium, Ativan, Librium, Klonipin, benzodiazepine/benzos) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

	Grade				_
	7th %	9th %	11th %	NT %	Total %
0	98	97	94	75	96
1-3	1	2	4	11	2
4-5	0	0	1	6	1
6-9	0	0	1	2	0
10 or more	0	1	1	5	1

Question HS/MS Z.40.

Table Z.2.41 Cold/Cough Medicines (Triple-C's Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

		Grade			
	7th	9th	11th	NT	Total
	%	% %	%	%	%
0	90	95	95	80	93
1-3	4	3	3	12	4
4-5	2	1	1	3	1
6-9	1	1	1	0	1
10 or more	3	1	1	4	2

Question HS/MS Z.41.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.42

Diet Pills (Didrex, Dexedrine, Zinadrine) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0	99	99	99	100	99
1-3	0	0	0	0	0
4-5	0	0	1	0	0
6-9	0	0	0	0	0
10 or more	0	0	0	0	0

Question HS/MS Z.42.

Table Z.2.43
Ritalin or Adderall - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

		Grade				
	7th	9th	11th	NT	Total	
	%	%	%	%	%	
0	98	95	90	82	94	
1-3	1	3	5	10	3	
4-5	0	1	2	2	1	
6-9	0	0	1	1	0	
10 or more	0	1	2	5	1	

Question HS/MS Z.43.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.44

During the past 30 days, on how many days did you use cocaine (any form, coke, crack, rock, base, snort)?

		Grade				
	7th	9th	11th	NT	Total	
	%	%	%	%	%	
0 days	99	98	96	89	98	
1 day	1	1	1	1	1	
2 days	0	0	1	5	1	
3-9 days	0	0	1	2	0	
10-19 days	0	0	0	2	0	
20-30 days	0	1	0	0	0	

Question HS/MS Z.44.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.45

During the past 30 days, on how many days did you use methamphetamine or amphetamines (meth, speed, crystal, crank, ice)?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0 days	99	99	98	99	99
1 day	0	0	1	0	0
2 days	0	0	0	1	0
3-9 days	0	0	0	0	0
10-19 days	0	0	0	0	0
20-30 days	0	0	1	0	0

Question HS/MS Z.45.

Table Z.2.46

During the past 30 days, on how many days did you use ecstasy, LSD or other psychedelics (acid, mescaline, peyote, mushrooms)?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
0 days	99	98	96	91	98
1 day	1	1	2	7	1
2 days	0	0	1	0	0
3-9 days	0	0	0	1	0
10-19 days	0	0	0	0	0
20-30 days	0	0	0	0	0

Question HS/MS Z.46.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.47

Has using alcohol, marijuana or other drugs ever caused you to have any of the following problems? (Mark All That Apply.)

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
Doesn't apply; I have never used alcohol or drugs	91	71	44	38	68
Have problems with emotions, nerves or mental health	2	7	11	19	7
Get into trouble or have problems with the police	1	3	6	12	4
Have money problems	1	3	6	11	3
Miss school	1	2	4	19	3
Have problems with schoolwork	2	5	6	14	5
Fight with other kids	2	1	2	7	2
Damage a friendship	1	4	6	12	4
Physically hurt or injure yourself	1	2	4	9	2
Have unwanted or unprotected sex	0	1	4	6	2
Forget what happened or pass out	1	8	16	13	9
Have other problems	1	3	6	11	4
I've used alcohol or drugs but never had any problems	5	17	34	33	19

Question HS/MS Z.47.

Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table Z.2.48

Have you ever felt that you needed help (such as counseling or treatment) for your alcohol or other drug use?

	Grade				
	7th %	9th %	11th %	NT %	Total %
I don't use alcohol or other drugs	93	73	48	40	71
No, but I do use	6	26	50	51	27
Yes, I felt like I needed help	1	1	3	10	2

Question HS/MS Z.48.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.49
If you drink alcohol or use drugs how do you most frequently get it? (Select the main one.)

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
At school or school events	1	2	1	1	2
At parties or events outside school	2	7	22	10	10
At your own home	2	3	4	2	3
From friends or another teenager at their home	2	11	18	18	11
From adults who give it or buy it for me	1	1	2	3	1
Buy it myself from a store	0	0	4	10	2
Take it without paying for it from a store	0	2	1	1	1
At bars, restaurants, clubs or gambling casinos	0	0	0	0	0
Other	1	5	6	14	4
I don't drink alcohol	90	68	42	41	66

Question HS/MS Z.49.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.50
In your opinion, how likely is it that a student would find help at your school from a counselor, teacher, other adult or a restorative program to stop or reduce using alcohol or other drugs?

	Grade					
	7th	9th	11th	NT	Total	
	%	%	%	%	%	
Very likely	10	10	10	20	10	
Likely	19	25	23	26	23	
Not likely	41	43	47	31	43	
Don't know	30	22	19	23	23	

Question HS/MS Z.50.

Table Z.2.51

The last time you used prescription medication that was not prescribed to you, what was the primary reason?

	Grade									
	7th	7th	7th	7th	7th	7th	7th 9th	11th	NT	Total
	%	%	%	%	%					
I did not take prescription medication that was not prescribed	87	88	86	70	87					
to me										
To relieve pain	8	5	4	9	6					
To relieve other physical symptoms	2	1	2	1	1					
To relieve anxiety or depression	2	2	3	10	3					
For fun, getting high, peer pressure (friends were doing it)	1	3	5	10	3					
To prevent or relieve withdrawal symptoms	0	0	0	1	0					

Question HS/MS Z.51.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.52
From whom did you obtain the prescription medication?

	Grade									
	7th	7th	7th	7th	7th	7th	7th 9th 11th	11th	NT	Total
	%	%	%	%	%					
I did not take prescription medication that was not prescribed	89	89	86	67	88					
to me										
From a friend OR relative	6	7	7	17	7					
From an acquaintance	1	1	2	4	1					
From a street dealer or other person I didnt know	1	0	1	4	1					
Online	0	0	0	0	0					
Other	4	3	3	7	3					

Question HS/MS Z.52.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.53

How wrong do your parents feel it would be for you to drink beer, wine or hard liquor (for example, vodka, whiskey or gin) regularly?

	Grade				
	7th %	9th %	11th %	NT %	Total %
Very wrong	78	60	39	51	59
Wrong	14	24	29	24	23
A little bit wrong	6	13	26	20	15
Not at all wrong	1	3	6	5	3

Question HS/MS Z.53.

Table Z.2.54

How wrong do your parents feel it would be for you to smoke cigarettes?

	Grade					
	7th %	9th	11th	NT	Total	
		%	%	%	<u>%</u>	
Very wrong	92	84	81	71	85	
Wrong	6	13	15	17	12	
A little bit wrong	1	2	3	8	2	
Not at all wrong	1	1	1	4	1	

Question HS/MS Z.54.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.55

How wrong do your parents feel it would be for you to smoke marijuana?

	Grade				
	7th %	9th	11th	NT	Total
		%	%	%	<u>%</u>
Very wrong	88	65	47	49	66
Wrong	8	21	25	12	18
A little bit wrong	4	11	22	26	12
Not at all wrong	1	4	7	13	4

Question HS/MS Z.55.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.56

How wrong do your parents feel it would be for you to use prescription drugs that were not your own or for non-medical reasons?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
Very wrong	91	88	89	82	89
Wrong	7	9	8	9	8
A little bit wrong	1	2	2	6	2
Not at all wrong	1	1	1	3	1

Question HS/MS Z.56.

Table Z.2.57

During the past 12 months, have you talked with at least one of your parents or guardians about the dangers of tobacco, alcohol, or other drugs.

		Grade			
	7th %	9th %	11th %	NT %	Total %
Yes	67	76	72	59	72
No	33	24	28	41	28

Question HS/MS Z.57.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.58

How wrong do your friends feel it would be for you to smoke one or two packs of cigarettes a day?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
Very wrong	83	75	72	67	76
Wrong	12	17	19	14	16
A little bit wrong	3	6	5	6	5
Not at all wrong	2	2	4	13	3

Question HS/MS Z.58.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.59

How wrong do your friends feel it would be for you to have one or two alcoholic drinks regularly?

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
Very wrong	77	52	33	35	53
Wrong	15	23	22	17	20
A little bit wrong	5	16	24	17	15
Not at all wrong	3	9	22	30	12

Question HS/MS Z.59.

Table Z.2.60 How wrong do your friends feel it would be for you to smoke marijuana?

	Grade					
	7th	9th %	11th %	NT %	Total %	
Very wrong	74	37	19	24	$\frac{\lambda}{42}$	
Wrong	13	18	13	8	15	
A little bit wrong	8	19	21	12	16	
Not at all wrong	5	25	47	57	26	

Question HS/MS Z.60.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.61

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

	Grade						
	7th %	9th	11th	NT	Total		
		%	%	%	% %	% % %	%
I did not smoke cigarettes during the past 30 days	98	97	93	91	96		
Less than 1 cigarette per day	1	2	3	2	2		
1 cigarette per day	0	1	2	3	1		
2-5 cigarettes per day	0	1	2	3	1		
6 to 10 cigarettes per day	0	0	0	0	0		
11 to 20 cigarettes per day	0	0	0	0	0		
More than 20 cigarettes per day	0	0	0	0	0		

Question HS/MS Z.61.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.62
If you now smoke cigarettes, would you like to quit smoking?

	Grade				
	7th %	9th	11th	NT	Total
		%	%	%	%
I don't smoke cigarettes; does not apply	97	97	93	88	96
No	2	2	5	9	3
Yes	1	1	2	3	1

Question HS/MS Z.62.

Table Z.2.63

How hard would it be for you to refuse or say "no" to a friend who offered you a cigarette to smoke?

		Grade			
	7th %	9th %	11th %	NT %	Total %
Very hard	3	2	2	3	2
Hard	5	4	3	4	4
Easy	25	25	20	20	24
Very easy	68	69	75	72	70

Question HS/MS Z.63.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.64

During the past 12 months, did you have lessons about tobacco and its effects on the body?

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
Yes	69	73	37	36	61
No	15	15	45	39	24
Not sure	15	11	18	25	14

Question HS/MS Z.64.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.65

Have you ever been slapped, kicked or physically hurt by a boyfriend or girlfriend, not just a friend?

		Grade			
	7th %	9th %	11th %	NT %	Total %
Yes	5	6	6	22	6
No	95	94	94	78	94

Question HS/MS Z.65.

Table Z.2.66

Has this happened in the past 12 months?

		Grade			
	7th %	9th %	11th %	NT %	Total %
Yes	4	3	4	13	4
No	10	10	10	26	10
It has never happened to me	86	87	86	61	86

Question HS/MS Z.66.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.67
The last time this happened, did you talk to anyone about it?

	Grade				
	7th	9th %	11th %	NT %	Total %
	%	70	70	70	70
Yes	2	2	3	8	2
No	8	7	8	22	8
It has never happened to me	91	91	89	71	90

Question HS/MS Z.67.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.68

During the past 12 months has your boyfriend or girlfriend pressured or forced you in a way that made you feel uncomfortable?

		Grade			
	7th %	9th %	11th %	NT %	Total %
Yes	3	6	7	7	6
No	97	94	93	93	94

Question HS/MS Z.68.

Table Z.2.69

During the past 12 months has your boyfriend or girlfriend controlled your life in a way that you didn't want them to?

		Grade			
	7th %	9th %	11th %	NT %	Total %
Yes	3	6	9	15	6
No	97	94	91	85	94

Question HS/MS Z.69.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.70

During the past 12 months did one of your parents have injuries or live in fear of being hurt by your other parent or someone they were dating?

		Grade			
	7th %	9th %	11th %	NT %	Total %
Yes	4	3	2	9	3
No	96	97	98	91	97

Question HS/MS Z.70.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.71

About how old were you the first time you had a drink of an alcoholic beverage (other than a sip or two)?

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
Never	85	63	35	31	60
10 or Under	6	4	3	7	4
11	3	2	2	5	2
12	4	3	3	4	4
13	2	8	7	10	6
14	0	15	13	12	10
15	0	5	21	16	8
16	0	0	15	10	4
17	0	0	3	3	1
18 or Over	0	0	0	1	0

Question HS/MS Z.71.

Table Z.2.72

About how old were you the first time you smoked part or all of a cigarette?

	Grade				
	7th	9th	11th	NT	Total
	%	%	%	%	%
Never	95	92	76	50	88
10 or Under	1	1	1	2	1
11	1	0	1	2	1
12	1	0	1	3	1
13	1	1	2	6	2
14	0	4	3	9	3
15	0	1	6	16	2
16	0	0	8	7	2
17	0	0	3	6	1
18 or Over	0	0	0	0	0

Question HS/MS Z.72.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.73

About how old were you the first time you used smokeless tobacco or other tobacco products?

	Grade				
	7th	9th	9th 11th %	NT %	Total %
	%	%			
Never	97	90	78	68	88
10 or Under	0	0	1	1	0
11	0	0	0	2	0
12	1	0	1	2	1
13	1	2	1	4	2
14	0	5	3	3	3
15	0	2	8	8	3
16	0	0	8	6	2
17	0	0	1	6	0
18 or Over	0	0	0	0	0

Question HS/MS Z.73.

Table Z.2.74

About how old were you the first time you used marijuana or hashish?

		Grade			
	7th	9th	11th	NT	Total
	%	%	%	%	%
Never	95	72	47	37	71
10 or Under	0	1	1	2	1
11	1	1	1	6	1
12	2	2	1	2	2
13	2	7	5	9	5
14	0	13	11	14	9
15	0	5	16	17	7
16	0	0	15	11	5
17	0	0	3	1	1
18 or Over	0	0	0	1	0

Question HS/MS Z.74.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.75

About how old were you the first time you used any other illegal drug or pill to get "high"?

	Grade				
	7th	9th	9th 11th %	NT %	Total %
	%	%			
Never	97	92	86	65	91
10 or Under	0	0	0	1	0
11	0	0	0	1	0
12	1	0	0	0	1
13	0	2	1	0	1
14	0	4	2	10	2
15	0	2	4	11	2
16	0	0	5	10	2
17	0	0	1	2	1
18 or Over	0	0	0	0	0

Question HS/MS Z.75.

Table Z.2.76

Do you feel excluded, left out or socially isolated at school?

		Grade			
	7th	9th %	11th %	NT %	Total %
Never	52	41	39	55	44
Sometimes	39	47	48	33	45
Often	6	9	10	9	9
Always	2	3	3	3	3

Question HS/MS Z.76.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.77

Do you see other students your age being excluded, left out or socially isolated at school?

		Grade			
	7th %	9th %	11th %	NT %	Total %
Every day	17	22	22	18	20
Weekly	22	28	29	15	26
Monthly	25	24	24	10	24
Never	37	26	25	57	29

Question HS/MS Z.77.

Appendix I

2017-18 CHKS Secondary Survey Response Rates

Eligible Districts	7th %	9th %	11th %	NT %
Bolinas-Stinson Union	70	70	70	70
Dixie Elementary	94			
Kentfield Elementary				
Lagunitas Elementary				
Larkspur-Corte Madera	100			
Marin County Office of Education				33
Mill Valley Elementary	91			
Nicasio				
Novato Unified	93	93	51	64
Reed Union Elementary	74			
Ross Elementary	79			
Ross Valley Elementary	22			
San Rafael City Elementary	84			
San Rafael City High		86	78	72
Sausalito Marin City				
Shoreline Unified				
Tamalpais Union High		80	78	45

Notes: Response rates are presented by grade level. Eligible districts listed are based on CBEDS 2017-18 public school and enrollment data files.

Appendix II

California Healthy Kids Survey Content Overview

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings. References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to relevant CHKS reports and factsheets and What Works Briefs (guides to best practices) that provide further information. These valuable resources can be downloaded, respectively, from the CHKS and California Safe and Supportive Schools websites (chks.wested.org/using-results/factsheets; californiaS3.wested.org/tools/research; californias3.wested.org/tools/wwb).

Special attention is directed toward indicators related to the requirements of California's Local Control and Accountability Plans (LCAP).² For a summary of state-level LCAP-related baseline data, see CHKS Factsheet #15.

MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and student supports, all three key priorities required of Local Control and Accountability Plans. It seeks to provide schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in school and developmentally thrive. Twenty-nine items assessing seven domains are used to calculate a School Climate Index (SCI) score that is included in a *School Climate Report Card* that districts can request at the district and school level. The items used in the SCI assess school connectedness, developmental supports (e.g., caring adult relationships), perceived safety, bullying, and victimization.

School climate, as measured by the CHKS, is strongly related to student performance on standardized academic tests. Data show that, for high school students, as CHKS School Climate Index (SCI) scores increased—as the schools became safer, more supportive, and more engaging—test performance as measured by the state's Academic Performance Index (API) increased as well (School Climate Factsheet #3).

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that "beat the odds" and consistently performed better on the state's standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The higher (more positive) the CHKS School Climate Index score, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school's level of personnel resources (School Climate Factsheet #6).³

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¹ To see how local results compare with state averages in California, download a copy of the latest Biennial Statewide CHKS report (chks.wested.org/reports). The Biennial report provides results from a randomly-selected, representative state sample. County level reports are also available on the CHKS website.

² For a guide to how CalSCHLS survey items align with LCAP indicator requirements, download Helpful Resources for Local Control and Accountability Plans at surveydata.wested.org/resources/LCAP Cal SCHLS.pdf.

³ Voight, Austin, & Hanson, (2013). Download www.wested.org/online pubs/hd-13-10.pdf

More generally, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the Whole Child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students who: (1) were less engaged in risky behaviors such as substance use and violence; (2) were more likely to eat nutritiously and exercise; and (3) reported experiencing caring adult relationships and high expectations at school. These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance (CHKS Factsheet #3).

GRADE-LEVEL PATTERNS

More than twenty years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to feel connected to school and be academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness.

- Seventh graders report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- Ninth graders report the lowest rates of developmental support and perceived safety.
- In interpreting the results for **11th graders** take into consideration that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism
- Across risk behaviors and problem indicators, **nontraditional (continuation school) students** reported prevalence rates at least twice those of 11th graders in a comprehensive school setting. They also exhibited lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services (CHKS Factsheet #7).

DEMOGRAPHIC CHARACTERISTICS AND POPULATION SUBGROUP DIFFERENCES

Demographic Characteristics (Tables A3.1-3.14)

A wide range of data on the demographic and background characteristics of the survey respondents is provided (in 14 tables) to help users gain a better sense of how representative the survey sample is compared to the student population overall. This also enables users to analyze their data to determine how survey results vary by important subgroups in the school and help them identify, and target programs at, the youth most in need. School districts can use these data to meet the Local Control and Accountability Plan (LCAP) requirement to demonstrate actions across state priorities in regard to six numerically significant subgroups: ethnicity, socioeconomically (SES) disadvantaged, English learners, pupils with disabilities, foster youth, and homeless youth—all categories assessed by the CHKS. In the standard CHKS report, and in the Query CHKS system, breakdowns for selected key indicators are provided by race/ethnicity and gender. Districts/schools

can request reports disaggregating all their results by demographic characteristics from their Regional CHKS Technical Assistance Center.

Racial-Ethnic Identification (Tables A3.2-3.3)

Respondents self-report their identification with six racial/ethnic groups plus mixed (two or more) race. Comparing these data with other evidence of the racial-ethnic composition of student enrollment provides insight into how representative are the survey results. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by, and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings. They were lowest in schools with large proportions of African American and Hispanic students, as well as in low-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but they still remained. This suggests that school climate factors related to student well-being may also play a role in the racial-ethnic achievement gap. One strategy to close the gap thus may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students (CHKS Factsheet #8).

In the majority of cases, with notable exceptions for Asians, the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools. African American, Latino, and Asian students feel less safe, engaged, and supported than their White peers within the same school. Inequities in these factors, for the various racial/ethnic groups, can possibly contribute to the achievement gap. Further, these findings suggest that practices designed to ensure equal access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap (CHKS Factsheet #13).

Foster Care Youth (Table A3.4)

Compared to youth who live with their parents, foster care youth report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk. They were also more likely to be low in caring adult relationships and total environmental assets (CHKS Factsheet #6).

SPECIFIC CONTENT AREAS

Self-Reported Grades (Table A4.1)

The CHKS asks students to indicate what grades they mostly received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception. To learn more about the factors that might be causing poor performance, request a CHKS report showing how all the survey results vary by level of performance.

Absenteeism and Truancy (Tables A4.2-4.3)

Before top teachers with quality curriculums and engaging activities can even attempt to improve academic performance, the students have to show up. The CHKS report provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 3 or more of the past 30

school days), what were the reasons for absences, and the level of truancy. Users can request reports looking at the characteristics of youth based on the absenteeism and truancy to guide efforts to improve the LCAP pupil engagement priority.

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10% of school days. According to a report by Attendance Works, the nation's large and persistent education achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.⁴ Biennial State CHKS data (Table A4.3) indicate that generally, after illness, the most important reasons for being absent in secondary school are not getting enough sleep and anxiety or stress, followed by being behind in school work, and being bored or uninterested in school.

Among high school staff statewide, truancy is the top-rated of fourteen potential school problems assessed by the California School Staff Survey (Table A8.4). Truancy has been identified as one of the most powerful predictors of both poor achievement and delinquency.⁵ Truants are also more likely to use drugs and have deviant friends.

Developmental Supports (Tables A4.5, A4.7-4.9)

Research shows that when schools (or families or communities) provide three developmental supports measured by the CHKS—caring adult relationships, high expectations, and opportunities for meaningful participation—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher (CHKS Factsheets #1 and #3; School Climate Factsheets #1 and #2, What Works Briefs #1 and #2).

School Connectedness (Table A4.6)

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive academic, social-emotional, and health outcomes. The CHKS five-item School Connectedness Scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. School connectedness appears to have increased in California in the second half of the last decade, but it still declines markedly after elementary school. A substantial majority of high school students are not highly connected to their schools. This may be related at least in part to their lower levels of developmental support. The lowest rates of both connectedness and test scores are in low-income schools. The online Query

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⁴ Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Available at www.attendanceworks.org/research/attendance-works-reports

⁵ Robins & Ratcliff, (1978). *Long Range Outcomes Associated With School Truancy*. Rockville, MD: Public Health Service (DHEW). Garry, E. M., & Department of Justice, Washington, DC. Office of Juvenile Justice and Delinquency Prevention. (1996). *Truancy: First Step to a Lifetime of Problems*. Cairns, R. B., Cairns, B. D., & Neckerman, H. J. (1989). Early school dropout: Configurations and determinants. *Child Dev*, 60(6), 1437-52.

CHKS system shows how key survey indicators vary by school connectedness (see School Climate Factsheet #5, What Works Brief #4).

Perceived Safety (Table A5.1)

Perceived safety is another indicator districts/schools are required to monitor as part of their LCAP. Perceived school safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. If students report low levels of perceived school safety, pay close attention to all the indicators related to bullying and victimization, as well as mental health. Schools may want to request comparisons of students' perceptions of their own safety with the actual level of violence and other safety-related indicators self-reported by students. A follow-up focus group or Student Listening Circle asking why students do not feel safe is recommended (see School Climate What Works Brief #3).

Violent and Nonviolent Misbehavior on School Property (Tables A5.2-5.6)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism. Physical violence and weapons on campus (Tables A5.4, A5.6) have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.⁶ These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession⁷ (see School Climate What Works Briefs #5 and #6).

Harassment (Tables A5.2-5.3)

Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students. In *Bruised Inside* (2000), the National Association of Attorneys General describes harassment by peers as one of the two causes for kids to express anger using guns, knives, and fists.⁸

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason. Analysis of this data show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school. They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than

⁶ Juvonen, J., & Graham, S. (2001). *Peer harassment in school: The plight of the vulnerable and victimized.* New York: Guilford Press.

⁷ Barton, P. E. (2001). Facing the hard facts in education reform. Princeton, NJ: Educational Testing Service.

⁸ Horn, D. M., National Association of Attorneys General., & Washington (State). (2000). *Bruised inside: What our children say about youth violence, what causes it, and what we need to do about it: A report of the National Association of Attorneys General (NAAG)*. Washington, DC: National Association of Attorneys General.

students who were only harassed for other reasons (CHKS Factsheets #4 and #10; see also School Climate What Works Brief #7).

Substance Abuse (Tables A6.1-6.11)

The misuse of alcohol and other drugs continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage. Reflecting this, on the California School Staff Survey (Table A9.12), high school staff statewide are more likely to perceive alcohol and drug use as moderate to severe problems at their schools than all of seven violence-related indicators (49% for both alcohol and drugs in 2004-06), ranking them among the top 3 of 14 problem indicators.

Use at school is especially troubling (Tables A6.8-6.9). It reflects a level of drug involvement so pervasive that the potential repercussions for violation of school rules are disregarded by these youths. This is behavior that threatens not only the user's learning ability but also school efforts to educate all youth. An analysis of CHKS data found that that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication, were significantly related to changes in California achievement test scores one year later. Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools⁹ (CHKS Factsheet #3; see also School Climate What Works Brief #8).

Cigarette Smoking (Tables A7.1-7.4)

Current smokers are significantly more likely than nonsmokers to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related problems and disengagement. To a lesser extent, current smokers are also more likely than nonsmokers to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems (CHKS Factsheet #2 and #5).

Mental Health (Tables A8.4-8.5)

The CHKS Core provides two measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; and (2) whether they ever contemplated suicide. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness. They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide (CHKS Factsheets #11 and #12).

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⁹ Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools. San Francisco: WestEd.